



## USTA Schools Program

*Working with school districts and physical educators to introduce thousands of students to the lifetime sport of tennis through their physical education classes and linking them to tennis opportunities outside of school!*

USTA Colorado, a district affiliate of the United States Tennis Association, is working closely with school districts and physical education teachers throughout Colorado to implement this comprehensive program. Even if you don't play tennis yourself, we will provide the tools and resources you need to provide this introduction to your students.

### What is included in this comprehensive program?

- **In-Service Training**

Led by a trained USTA School Tennis clinician, the in-service provides the background for physical educators to effectively instruct tennis as part of their regular classes. In just three hours, teachers will be involved with a hands-on training that focuses on *teaching a large group in a gym with limited equipment*. This workshop should be taught in a school gym to simulate an actual class.

- **Adaptive Training**

USTA School Tennis clinician on staff to assist Occupational Therapists, Physical Therapists and Adaptive PE Teachers in the school setting.

### **FOR USTA ORGANIZATIONAL MEMBER SCHOOLS**

- **Free USTA School Tennis Curriculum Kit**

This comprehensive manual and DVD, redeveloped by the USTA, physical educators & teaching professionals in 2007, is an extremely helpful resource that includes six specific lesson plans that meet NASPE standards and can be adapted to any age group.

- **Free & Discounted Equipment**

We make sure that lack of equipment is not an issue. USTA School Tennis includes access to racquets and foam or low compression tennis balls as well as nets and other teaching aids.

- **Free Assembly**

Free, action-packed motivational kick off to the tennis unit for participating schools led by a USTA School Tennis clinician.

- **Extracurricular Tennis Programs**

Information, resources and support on ways for students to stay engaged in the lifetime sport of tennis outside of school.

### What is expected of USTA School Tennis physical educators?

- **Attend an In-Service Training**

This will answer your questions, address concerns and provide many ideas and games in regards to teaching tennis to a group of students in a gymnasium.

- **Become a USTA organizational member**

In addition to receiving the USTA School Tennis Curriculum, equipment and assemblies, your school will receive *Tennis & USTA* magazines and access to USTA workshops & seminars.

- **Teach USTA School Tennis**

The in-service and curriculum materials will give you the tools you need to teach a tennis unit during the school year.

- **Evaluate Us**

Provide us with feedback on the in-service and assemblies through the evaluation process as well as providing us with annual updates on your tennis unit.

- **Provide Opportunities to Continue Student Tennis Involvement**

Information on after-school and summer USTA Tennis programs should be provided to your students. Explore ways to conduct tennis programs at your school for your school community.

**If you and other physical educators in your district are interested, please contact USTA Colorado to get started:**

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